National Assembly for Wales

Children, Young People and Education Committee

**CAM 15** 

Inquiry into Child and Adolescent Mental Health Services (CAMHS)

Evidence from: Dr C Grantham GP

- 1. Availability of early intervention services
  - Limited
  - Help lines to psychologists exist but only 1 day a week where I work
  - 2ary care early intervention services very difficult to access
- 2. Access to community specialist CAMHS at tier 2
  - Limited
  - Difficult to access

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- 3. Extent to which CAMHS are embedded within broader health & social care services
- 4. Whether CAMHS is given sufficient priority within broader mental health & social care
- 5. Whether there is significant regional variation in access to CAMHS across wales
- 6. Effectiveness of the arrangements for children who need emergency services
  - Emergency services are very difficult to access
  - The time frame from referral to being seen is very patient unfriendly if referring for outpatient review which exacerbates mental health problems & adds greatly to the stress of the affected parents